THE MEDICAL DOCTOR’S PERSPECTIVE OF HERBAL MEDICINE IN THE HEALTHCARE

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ABSTRACT

The medical doctor plays a central role in the delivery of health care to the community, both clinical and managerial aspects. The responsibilities of clinical aspect include make a diagnosis and management of pharmacotherapy and non-pharmacotherapy. Therefore, doctors have a strategies role to develop herbal medicine as a part of pharmacotherapy management.

The natural plants have several active substances which can be used as herbal medicine. However, according to professionalism and scientific logic, we need evidence base medicine to be able to use herbal medicine as pharmacotherapy. Evidence Based Medicine is a conceptual approach of the physician in making decisions related to the patient. The best scientific evidence is considered to be a randomized controlled clinical study conducted on the amount of respondents that can prove the effectiveness of many drugs, as well as the harm and the inefficacy of others in comparison with the best existing therapy. The herbal medicine that have reliable evidence base can be used in management therapy as promotive, preventive, curative, rehabilitative, and palliative.

Currently, the various efforts have been done to improve the usage of herbal medicine in health care, like traditional clinic in the general hospital and primary health care, herbal medicine in education curriculum of doctor, to enhance research of herbal medicine regardless

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